



Remember you are dust  
and to dust you shall return



Burning the palms from 2018 for ashes to be placed on the foreheads this Ash Wednesday



**Ash Wednesday** marks the beginning of the Season of Lent and the beginning of a fresh start with the Lord through spiritual and religious meditations. It is a season of penance, reflection, and fasting which prepares us for Christ's Resurrection on Easter Sunday, through which we attain redemption. Palms from last year's Palm Sunday have been burned and the ashes from these palms will be used during today's Ash Wednesday services. The ashes are a symbol of penance made sacramental by the blessing of the Church, and they help us develop a spirit of humility and sacrifice. While the ashes symbolize penance and contrition, they are also a reminder that God is gracious and merciful to those who call on Him with repentant hearts. The custom of placing ashes on the heads of people is an ancient penitential practice. Father will be vested in purple to mark the liturgical season.



**During Lent**, daily mass will be celebrated on Monday, Tuesday, Thursday and Friday at 8:00 A.M. On Wednesdays, Mass will be celebrated at 7:00 P.M. This will provide an opportunity for the people who work to attend Mass during Lent, in addition to attending on Saturday evening/Sunday morning.



**Stations of the Cross** - Lenten Adoration of the Cross will be all day on Fridays immediately following the 8:00 A.M. Mass. The Stations of the Cross will be recited at 7:00 P.M.



**"Chaplet of the Divine Mercy"** - Saturdays/Sundays during Lent, before the 4:00 P.M. Mass (around 3:45 P.M.); before the 8:30 A.M. mass (around 8:15 A.M.) and before the 11:00 A.M. Mass (around 10:45 A.M.), we will sing the "*Chaplet of the Divine Mercy*".



Sign up for a free [FORMED.org](https://formed.org) account with our parish code VNX4G6. Here are several resources you can use for Lent:

**Lenten Reflections.** Receive a short daily video from Dr. Tim Gray. Sign up at: [https://formed.org/promo/lent-registration?utm\\_source=ActiveCampaign&utm\\_medium=email&utm\\_content=Walk%20beside%20Jesus%20for%2040%20days&utm\\_campaign=Retail%20List%20-%20Lenten%20Reflections%20%231%20-%202%2F15%2F19](https://formed.org/promo/lent-registration?utm_source=ActiveCampaign&utm_medium=email&utm_content=Walk%20beside%20Jesus%20for%2040%20days&utm_campaign=Retail%20List%20-%20Lenten%20Reflections%20%231%20-%202%2F15%2F19)

### Dynamic Catholic Best Lent Ever



A free email program that will guide you on an incredible 40-day journey to become the-best-version-of-yourself, making this a truly life-changing Lent. Beginning Ash Wednesday (March 6th), you'll receive daily emails with short inspirational videos from Matthew Kelly, practical tips to incorporate into your everyday life, and personal stories from Dynamic Catholic team members. Our lives change when our habits change. Your 40 days of Lent will be an incredibly transformative experience because you've learned simple yet powerful ways to become the person God created you to be.

Sign up for Dynamic Catholic's daily *Best Lent Ever* email: <https://dynamiccatholic.com/best-lent-ever/>

# CONFESSIONS

**Regional Penance Services Schedule** - This schedule is in addition to our regular confession schedule which is 3:00 to 3:45 P.M. on Saturdays. Following is the Regional Penance Schedule:

*Tuesday, April 2nd - St. Mary, Yatesboro - 7:00 P.M.*

*Saturday, April 6th - St. Mary, Our Lady of Guadalupe, Kittanning - 12:00 Noon*

*Tuesday, April 9th - St. Lawrence, Cadogan - 7:00 P.M.*

*Saturday, April 13th - Christ, Prince of Peace, Ford City - 12:00 Noon*

*Monday, April 15th - St. Mary, Mother of God, Freeport - 7:00 P.M.*



~~Five Minutes with the Word~~  
Booklets are available at all of the church entrances.



~~Mass and Daily Meditations for Lent~~  
Booklets are available at all of the church entrances.

## Community Corner



### Return to Me with All Your Heart

#### LENTEN GATHERINGS

#### FOR THE FREEPORT COMMUNITY

Freeport Area Ministerial Association

#### LUNCH AND WORSHIP 12:00-1:00 P.M.

3/14	United Presbyterian Church	Return to Me	Fr. Ronald L. Maquifiana
3/21	Sower's Chapel	God's Generous Heart	Rev. Adam Cleaver
3/28	St. Mary's RCC	Imitating	Rev. Dr. Andrew P. Spore
4/4	Trinity Lutheran Church	Preparing	Rev. Derrick Lumsden

#### DINNER AND WORSHIP 6:30-8:00 P.M.

4/11	United Methodist Church	Coming Together	Rev. Robert Keplinger
------	-------------------------	-----------------	-----------------------



Christian Vocal Ensemble  
Directed by David F. Pressau

presents

### "Wondrous Love"

A Time of Worship and Reflection for Lent, 2019

Sunday, April 07, 2019 - 7:00pm

St. Mary's Roman Catholic Church, 608 High Street, Freeport, PA 16229

**Free Concert**  
**Scripture and Singing**  
**Non-denominational**  
**Refreshments to follow in**  
**our Fellowship Hall**  
**"Free-will offering"**

### Lenten Suggestions



- Local Food Bank/Meals-on-Wheels - Consider donating food or lending a helping hand by volunteering some of your time to our local food bank or meals-on-wheels.
- Donate Blood at one of the local blood banks.
- Spend Time with God - Consider attending weekday Mass, the Stations of the Cross, one or more of the Soup & Sandwich series whenever possible.
- Make your TV time spiritual. Watch programs that will strengthen your love for Jesus - The Shroud of Turin, Convinced, The Silent Witness or Prayer: A Surge of the Heart.