

**FIRST SUNDAY OF LENT
MARCH 10, 2019**

WEEKDAY MASS SCHEDULE

Monday March 11th - 9:00 a.m.
Manuel & Manuel M. Catunto - Martinha
Maria & Francisco Medeiros - Martinha
9:35 a.m. - Rosary

Tuesday March 12th - 11:30 a.m.
Lou McCarville - Ryan Family
Herman Sheuts - George & Christine Mantler
11:00 a.m. - Rosary - Joyful Mysteries

Wednesday, March 13th - 9:00 a.m.
Leo Kirwin - Franca Bot
Hubert Vermeeren - K. of C.
9:35 a.m. - Rosary

Thursday, March 14th - 6:30 p.m.
Int. of Anna Mirando - Bill & Sue Spanjers
James Oliver Sr. - Rachel & Kim Oliver
7:05 p.m. - Divine Mercy

Friday, March 15th - 3:00 p.m.
MASS AT SECORD TRAILS CARE COMMUNITY
In Honour of the Holy Spirit - Isabel & Family
7:00 p.m. - Stations of the Cross

Saturday, March 16th
10:00 a.m. - Respect for Life Prayer Hour

Sunday, March 17th
10:00 a.m. - Mass with Traditional Choir
6:00 p.m. - Mass with Contemporary Choir



Thank You

**COLLECTION for the
week of Mar. 3rd**

Sunday Collection	\$2,558.00
Loose	\$ 231.00
Building Fund	\$ 54.00
PAR	\$ 730.00

PLEASE PRAY

FOR THE SICK - at homes and in the hospital. May the Lord grant them strength and healing.



FOR THE RESIDENTS OF THE NURSING HOMES/RETIREMENT HOMES - Pat Lunt, Anna Bajer, Isabelle Fountain, Johanna Antonissen, Josita Hawley, Lenore Evans, Jean Roy, Audry Layton, Pat Perron.

REMEMBER ALSO THOSE WHO HAVE DIED - especially Martin Van Asseldonk, brother-in-law of Nancy Van Asseldonk of our parish. *May they rest in the peace of Christ.*

K.OF C.ACTIVITIES



PARISH BREAKFAST - will be held on **Sunday, March 17th** in Henderson Hall following our

10 a.m. Mass. Everyone is welcome. Free will offering gratefully accepted.



SENIORS 55+ ACTIVITIES

EUCHRE - will be held on **Tuesday, March 12th** in

Henderson Hall beginning at 1:15 p.m. \$3.00 admission and a light lunch will be provided. Everyone is welcome!

DINNER & MEETING - will be held on **Tuesday, March 19th** in Henderson Hall. Dinner at 12 noon and meeting to follow.

NURSING HOME VISITS - The Seniors 55+ are responsible for the Nursing Home Visits on **Sunday, March 31st** beginning at Woodingford Lodge at 1:30 p.m. Everyone is welcome.



We encourage everyone to attend the 4LifeLondon Annual Gala Fundraiser being held on **Thursday, March 14th** at the Hellenic Centre, 133 Southdale Rd. West,

London. Tickets cost just \$45.00 for adults and \$25.00 for students. For ticket enquires and further details contact Bonnie at 519-659-3334 or info@right2life.ca



Sacred Heart Parish will hold an eight week grief support group called "Healing Journey Through Grief" Thursday

March 21st until Thursday May 9th. The group will use the Alan Wolfelt resource *Understanding your grief: Ten essential touchstones for finding hope and healing your heart*. Registration is limited to 8 participants for these sessions. The cost of the resources is being shared by Sacred Heart Parish reducing the cost for the eight sessions to \$25.00. For more information or to register, contact Faye Brekelmans at 519-485-1802.



PARISH DINNER - hosted by the Knights of Columbus on **Saturday, March 30th** at Henderson Hall. Chicken Dinner with all the fixings. \$20.00 per

person. For tickets call Jim at 519-320-1608; Adrian at 519-485-0592; Mike at 519-868-1383.

You're Invited!

2019 LANGTON C.W.L. RUMMAGE SALE
Saturday, March 23, 2019
8:30 a.m. to 12:00 noon
Langton Community Centre

Flea Market, Clothing, Books, Toys, & More
For drop off dates and times please see bulletin boards or call Darlene at 519-857-1887 or Roxanne at 519-875-3347



LDCSB Strategic Planning Consultation
The London District Catholic School Board (LDCSB) is creating their next Multi-

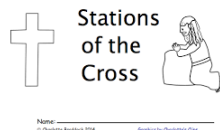
Year Strategic Plan (MYSP) to set long-term strategic priorities to best support their 20,000+ students and 53 schools. The school

board will be seeking input with relation to Community and Catholicity, Student Achievement and Well-Being, Technology and Global Learning, and Stewardship of Resources so that they may be in the best position possible to support faith formation, learning and achievement, and the well-being of students. The survey can be found at www.ldcsb.ca



ANNUAL YARD & BAKE SALE - C.W.L Sacred Heart Ingersoll

We invite you to our Annual Yard & Bake Sale. It will be held on **Saturday April 6th at 8:00 am to 12:00 noon** at Henderson Hall John Street in Ingersoll. There is always a big variety on gently used items for everyone interested in good deals. The baked goodies are delicious, a must to try out!
As every year we call on our members and the entire parish to bring in your gently used items for the Yard Sale. Also, your fresh baked goodies for the Bake Sale.
We accept your donations on **Friday April 5th from 1:00 pm to 6:30 pm**. All proceeds will go to our local and mission projects. Thank you for your support.



STATIONS OF THE CROSS SCHEDULE FOR LENT FRIDAYS AT 7 P.M.

Mar.	15 th	Catholic Women's League
	22 nd	Fr. Simard
	29 th	Seniors 55+
Apr.	5 th	Knights of Columbus
	12 th	Traditional Choir



C.W.L. ACTIVITIES

REGULAR MEETING - will be held on **Tuesday April 2nd, 2019 @ 9:30 a.m.** in Henderson Hall. Please bring a non-

perishable food item for the food bank. S.W. of Thames Ladies are in charge of the goodies.

COFFEE SUNDAY - will be held on **Sunday April 7th in Henderson Hall after the 10:00 a.m. Mass.** S.W. of Thames Ladies are in charge of clean-up and pouring tea and coffee.

STATIONS OF THE CROSS - **March 15th, 7 p.m.** CWL Members are responsible for the Stations Of The Cross.

ANNUAL GARAGE AND BAKE SALE - will be held on Saturday April 6th. Donations of good/used articles and home baking will be gratefully appreciated.

OUR LONDON DIOCESAN CONVENTION is being held April 29th to May 1st in Windsor. This year we are asked to collect 2019 pairs of SOCKS for men, women and children to be



donated to those in need. We would greatly appreciate your help with this project.

There will be a box at the parking lot entrance of the Church for you to

leave your donation of SOCKS. We thank you in advance for your continued support and generosity.



THE INGERSOLL & DISTRICT INTER-CHURCH is made up of a collaboration of hard working volunteers from various parishes and

congregations across the entire community. We work together year-round to provide financial assistance, emergency food relief and Christmas hampers to individuals and families in Ingersoll and area. We are

looking for compassionate and caring individuals who share our desire to help individuals and families in our community. If you are interested in joining our team please contact us via e-mail at interchurch2005@gmail.com



FLOWERS - If you wish to make a donation for flowers for Easter decorations, as a fitting memorial to those we remember in a special way, your offerings may be placed in a separate envelope with the

Sunday collection. Also please mark on your envelope who you would like to make the donation in memory of.



40 CANS FOR 40 DAYS - Your Knights of Columbus are challenging all person's and

families to participate in our **40 Cans for 40 days of Lent.** Donations of any non-perishable goods or gift card to local grocery stores will be most appreciated. We will be collecting these items at the front of the church on the left hand side, near the votive candles. These goods will be picked up on Easter Sunday. All donations will be going to the Ingersoll Salvation Army. We would also encourage you to please donate to our local food bank year round. As many people and families use these resources to be able to put food on their tables. You never know you may be sitting by someone who uses these resources.



THE ANNUAL OXFORD COUNTY RIGHT TO LIFE DINNER - will be held on **Thursday, April 4th** at Covenant Christian Reformed Church, 410 Lansdowne

Ave., Woodstock. Social: 6 p.m. Dinner: 6:30 p.m. Roast Beef Dinner - \$20.00/person; Students - \$10.00. Following the dinner there will be a good will offering presentation. 8:00 p.m. - Speaker: Jakki Jeffs, Executive Director, Alliance for Life Ontario
Topic: Pro-life witness, a timeless voice!
8:30 p.m. - Musician: Marnie Sebok
For tickets call Marina at 519-485-2603; Mary at 519-421-0029; Bonnie 519-913-3533.



FROM THE PASTOR'S DESK,

LENT IS A JOURNEY

We have entered into the season of Lent. This is an important season for us although we have been through this season before. It is vital for us as a community of faith to open

*The
Season
of
Lent*



our hearts to the Lord of Life as He comes to renew us and our commitment to Him. Every year, we enter into this time of preparation for Easter. There are many

distractions that impede us from entering into this season in a meaningful manner. The Lord Jesus invites us to a meaningful Lent this year. For some of us, this may be the last time we have an opportunity to be serious about this time. Remember, prayer, fasting and alms giving are the hallmarks of this time. Open your hearts to the Lord and make this a Lent that will transform our lives.



FRESH START MATERNITY SUPPORTS BABY BOTTLE DRIVE

Fresh Start has been providing 'hope and a future' to pregnant and parenting women in crisis for over 30 years! Fresh Start Maternity Home is located in St. Thomas on Centre Street. It is a residential home where women in a crisis pregnancy situation live before the birth of their baby and after the birth in a supervised and life giving environment where assistance and help is available 24 hours a day. We are able to accommodate up to 5 women in a group home setting and have also 4 apartments to help in the transition to leave and thrive on their own. The baby bottles will be available during Lent. Lent is the season for us to concentrate on prayer, penance and alms giving. As part of our giving locally we have been involved with the baby bottle campaign during the season of Lent. The Baby bottles will be available on the first Sunday in Lent weekend. We invite you to pick up a baby bottle starting in Lent and use them during the Lenten season. If you would please return them when they are full and bring them back to the Church. Some have included a cheque payable to FRESH START instead of putting spare change in the baby bottle. Please say a prayer for the residents of Fresh Start when you are adding to the baby bottle. We remain grateful for any and all contributions to the baby bottle campaign. For all that you do to help the culture of life, my sincerest thanks.



LAND RENTAL OFFER

At a recent meeting of our cemetery board it was decided to offer to rent approximately 14 acres of land that is part of the property owned by the cemetery board. We are interested in entering into a 5 year agreement with the successful bidder of the

property. The current renter of the property has completed his 5 year term agreement and it is now time for us to open the process to others who might be interested. If you wish further details or the legal description of the property, please contact the office and Diane will provide the information to you. The deadline for any proposals is March 31st.



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DONATIONS FOR OUR REFUGEE FAMILY

We made a decision to help family of Abdul and Afaf to assist in bringing Afaf's twin

brothers to Canada. They are of military age and are now in Lebanon. It has been a long process and has taken two years already working with the diocesan Refugee Office in completing the paperwork involved. They will stay with Abdul and Afaf when they arrive. We have agreed to support them for one year while they settle in Canada and find work. They do not speak English yet but are anxious to learn. We have had requests for donations to our Refugee Fund. We will be making an appeal soon and if you wish to donate earlier you are welcome to put your donations in a separate envelope and mark it REFUGEE FUND. We will need your information in order to include your donation in a tax receipt at the end of the year. For all you have done and are willing to do for these young persons, THANKS YOU.



WELCOME TO ALL

Established in 1838, we have strived to recognize the Presence of Jesus Christ in our midst. If you are

visiting with us, please know that you are most welcome, and thank you for praying with us. If you are new to the area, we are glad that you have decided to become part of our worshipping community. If you have been

searching for a spiritual home, please consider joining us Sunday after Sunday. To register, please pick up a Welcome brochure located in each pew and drop the completed form in the collection basket. Please introduce yourself to Father Simard, the pastor. Call the office or check out our website for more details. We hope you will find a true spiritual home here at Sacred Heart.



OUR CD LIBRARY

Listening to a CD while on the way to work or just driving to errands can really

give great insights into the faith. We have a large selection of CD's in our collection. As we have offered a number of CD's during the Lenten season, a table at the parking lot entrance with a large number of CD's available. These are available for donation only. Please put the donations in the regular box for the CD's.



OUR COFFEE SUPPLY

My thanks to all of you who continue to purchase the coffee from our source in Nicaragua. With every

purchase of our coffee we donate a portion of the sale price to a charity to help improve the lives of those involved in harvesting and processing of our coffee. You are making a difference in the lives of the people in the valley where our coffee is grown. The coffee can be purchased at the office or if office hours are not convenient, please call ahead to make sure someone is there and we will arrange a time to be here when you are able to make it.

Decaffeinated coffee is now available.