

*PASTOR'S THOUGHTS:*  
*August 18-19, 2018*

At all the masses last weekend, I made a personal appeal to all of you for help with our **HVAC (heating and cooling) System Replacement Project** which was approved by the diocese at the end of July and began this month. Few weeks ago, we signed the contract with A&G Refrigeration company who will be doing the work and we have been prepping our Cathedral church for the start of this project. However, before the company can begin the work “downstairs,” we did an Asbestos test and found out that our 40-year old units contain some asbestos. We have to do some asbestos abatement first as required by law before the major work begins. I will keep you posted on the developments.

Please keep in your prayers Deacon Ambrose who is at home after being released from the hospital. May the Lord in His goodness continue to watch over him and his family during this time.

After 23 years of dedicated service to our Co-Cathedral Church, I would like to inform you that **Mrs. SARA HEBERT** officially retired at the beginning of this month. Together with her husband Gary and family, Sara has been a long-time member of our church community and both have been wonderful volunteers and ministers. Please join me in thanking Sara for her years of service and together let us wish her well as she starts enjoying her retirement years. God bless you both!

The last 3 weeks, we have been hearing from the Scripture readings about the bread from heaven, *man-na* in the desert, and Jesus as the “Bread of Life.” This weekend, the Scriptures will continue giving us more food-talk in all the three readings, with Jesus establishing the Eucharistic meal as the means to salvation.

In reflecting on these readings, I can't help but ask the questions, “What feeds you? What nourishes you? What fulfills you?”

Each one of us has our own favorite meals, foods, dishes and nourishments. Some like their burgers and steaks. A few enjoy their greeneries. Most people love their seafood while others are on “see-food diet” (meaning: they see food and they go for it!).

Whatever food we like and how we consume it, they all feed and fill us somehow. And depending on how we consume them, one can immediately see and feel the results. Believe you me, I know; they fed me so well while I was still in Bayou Black that I was fluffy before I arrived here at the Co-Cathedral. But don't worry, our HVAC System Replacement Project quickly took care of the extra 10 pounds I have within few months!

But aside from the normal and regular kind of foods that we take, Jesus knew that others also consume “other things” that feed and consumes them as well. Jesus of course refers to those unhealthy things that enter our hearts, minds souls that we and all others see and feel – immediately.

Evil and bad thoughts and malice, detraction and calumny, anger and hatred, bitterness and resentment, indifference, etc., are just some examples that some people consume for no reason at all, and it feeds their attitudes and dispositions in life. A person who is on this “diet” becomes more negative and pessimistic about everything and everyone. Why? Because of the principle I stated above; “**what we consume, consumes us!**”

This is precisely why the Scriptures these past weeks have been repeating the same theme over and over again, reminding us **WHO** and **WHAT** we receive. **IT IS Jesus**, the Son of the living God, the Father of Mercy, the giver of the Consoler and the Paraclete, who gave up His life for us is **WHO** we receive. **WHAT** we receive is life eternal with God. For Jesus, to receive Him is to become like Him at all times in our lives and faith. When we consume Jesus in the Eucharist, Jesus **MUST** consume us in our whole being, in words, thoughts and actions. This is the difference between the “bread” (*man-na*) that others ate in the desert and the “Bread” from heaven (*panis coelicus*) that Jesus gave. The question we need to ask ourselves is, “**What feeds and consumes me?**” Remember the principle and St. Paul's admonition in the 2<sup>nd</sup> reading this weekend.

*Father Vic+*

### Prayer for Hurricane Season

O God, Master of this passing world, hear the humble voices of your children. The Sea of Galilee obeyed your order and returned to its former quietude; you are still the Master of land and sea. We live in the shadow of a danger over which we have no control: the Gulf, like a provoked and angry giant, can awake from its seeming lethargy, overstep its conventional boundaries, invade our land and spread chaos and disaster.

During this hurricane season we turn to You, O loving Father. Spare us from past tragedies whose memories are still so vivid and whose wounds seem to refuse to heal with passing of time. O Virgin, Star of the Sea, Our Beloved Mother, we ask you to plead with your Son in our behalf, so that spared from the calamities common to this area and animated with a true spirit of gratitude, we will walk in the footsteps of your Divine Son to reach the heavenly Jerusalem where a storm less eternity awaits us. Amen

Deadline **THIS WEEK**

## Diocesan Wedding Anniversary Celebration October 21, 2018

Anniversary Couples celebrating 25, 40, 50, 60 and beyond years of marriage this year will be honored. There will be NO Diocesan Mass Celebration, but a Prayer Service and Reception in honor of all anniversary couples. Printed certificates for our parishioners will be distributed at the 4:00 PM mass on Saturday, October 20th.

*Sunday, October 21, 2018*  
*St. Joseph Co-Cathedral*  
*2:00PM*



To participate contact the Life Center at 446-1387 by August 22nd .

### August 4th/ 5th

Weekly Collection	\$ 11,190.50
Weekly Loose	2,087.30
ACH Weekly	335.00
	\$ 13,612.80

### Weekly Offering



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## Altar Flowers

*Weekend of August 18th/19th*  
Given in Honor of

*Jules & Therese Vicknair*

For their 50th Wedding Anniversary  
By: *Their Family*

## Wedding Banns

*Kaitlyn Blanchard & Matthew Glover (1)*

### Boy Scouts Pack 330 Popcorn Sale

The boy scouts will be having a popcorn sale after all masses on the weekends of  
August 25th/26th &  
September 15th/16th

Thank you for your support!



# R.C.I.A.

**TEACHER VOLUNTEERS  
ARE ALSO NEEDED!!**

Do you know anyone who wishes to be a member of our faith community, or someone who has been away from the Church, or would like to learn more about their Catholic Faith? Well, we have an answer for this— the **Rite of Christian Initiation for Adults or commonly known as R.C.I.A.** An inquiry session will be held soon. Mrs. Margaret Orgeron at the Life Center, 985-446-1387 for more information.

The following were Baptized into the family of Christ recently:

**Brooks Michael**  
Child of Jarrod & Blair

**Thomas Grant**  
Child of Grant & Aimee



Please remember **Bennett Joseph & Raul Prado** who passed on into the Kingdom of our Father recently. Please pray also that their families may find comfort and consolation through their faith.